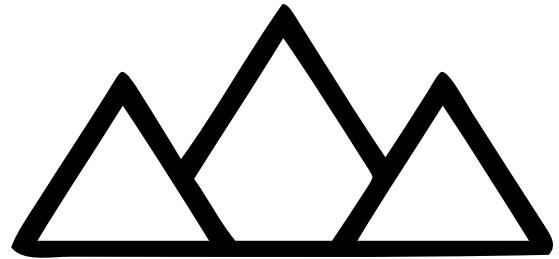


Mental Mapping

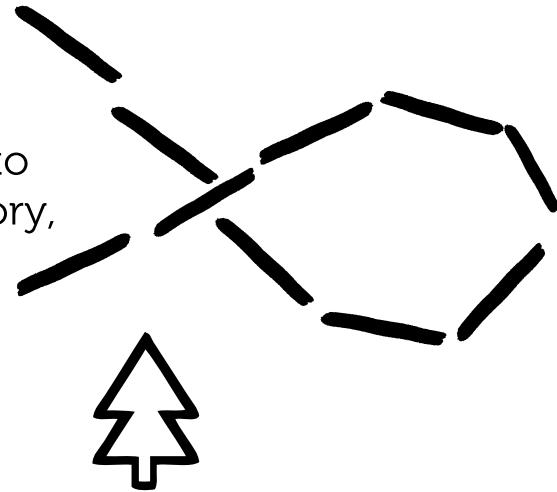
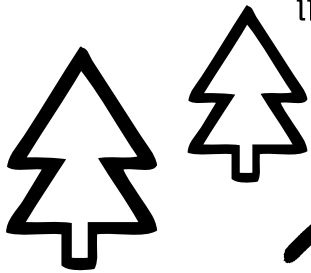
Activity Directions

This week we are exploring migration - the important journeys animals take to nest, mate, or go in search of food or regional temperature changes.



You and I usually look at a map when we need directions to find our way.

Animals are so smart that they use mental maps to guide them. These mental maps come from memory, instinct, and their senses.

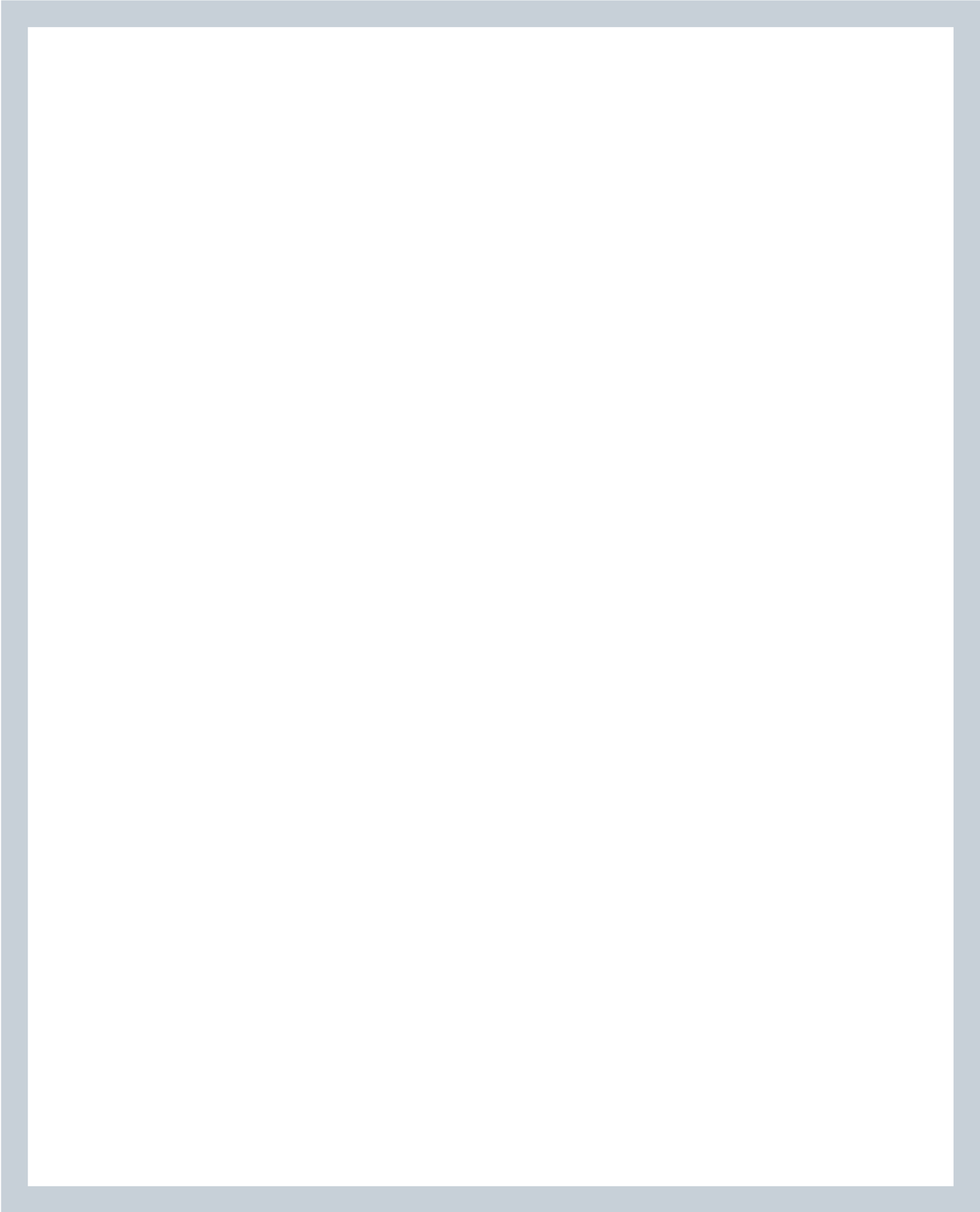


Today, put yourself in the shoes of a migrating animal and use your memory and senses to create a mental map:

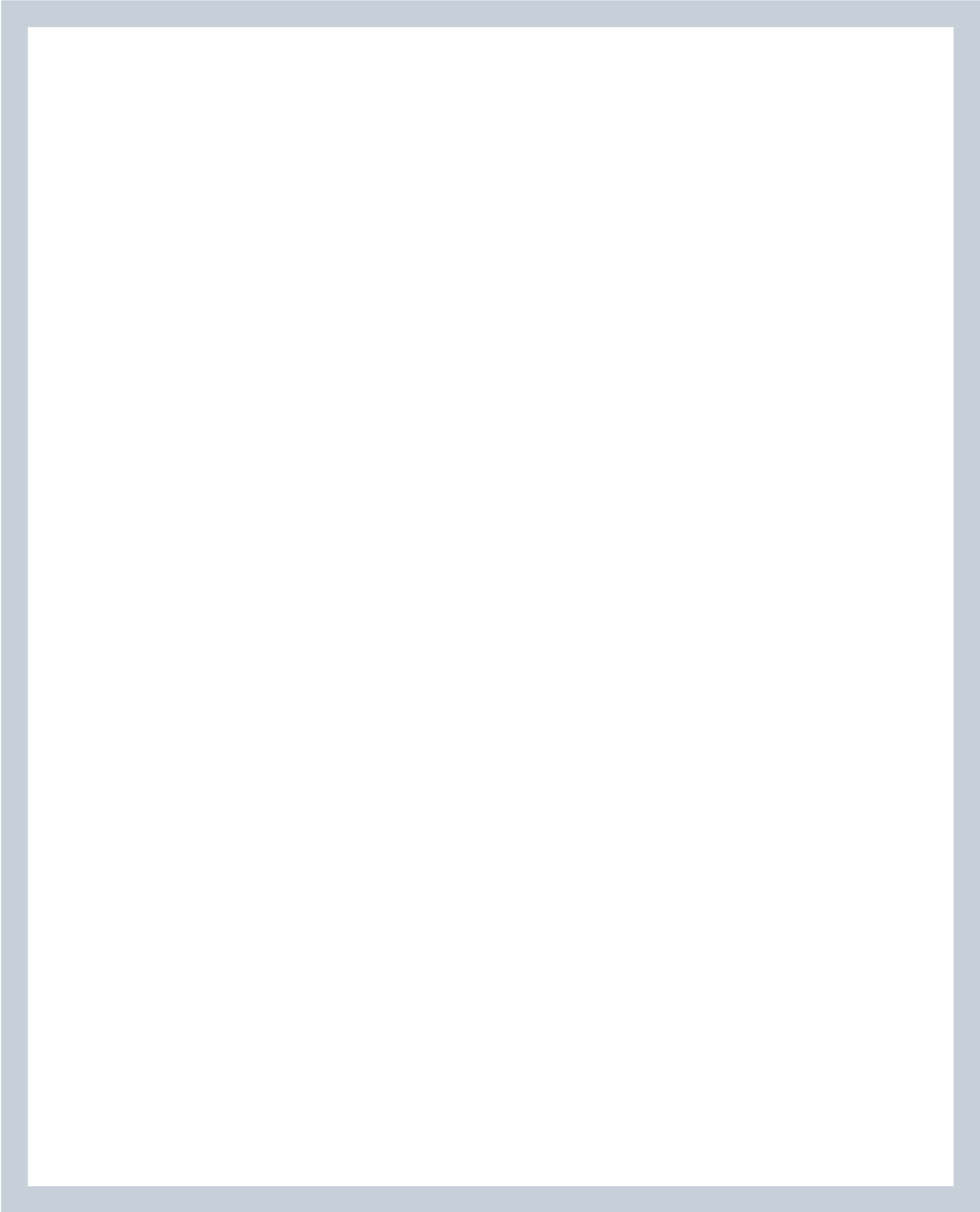
1. Think of a journey you take often (examples: walk to school, trail at a local park, path from the mailbox to your front door)
2. On the next page or using a page in your nature journal, draw a map of this path from your memory
3. Write out the directions
4. Try to use all your senses to include as many details as possible including sounds, smells, sights, terrain under your feet and other things you feel and touch along the way.



My Mental Map Location: _____



My Mental Map Directions:

A large, empty rectangular box with a light blue border, intended for drawing a mental map. The box is centered on the page and occupies most of the lower two-thirds of the page.